

At LUSU Inspired CIC, we believe that everyone deserves to belong, to take part and to thrive. Yet too often people with disabilities are left out of community life, not by intention, but by design.

This course is designed to help you reflect and develop a range of positive approaches to secure the participation of people with a disability to access and be included in your provision.

By creating and developing conversations of success with a disabled person, parent or carer prior to them accessing your activity, forms an essential part of relationship building, listening, planning and co designing what activity looks like to them in your setting.

As a result of a successful conversation with a disabled person, parent or carer you will be able to plan more effectively, consider your resources to ensure you deliver, include and plan for long term success and start to form a positive connection with the disabled person, parent or carer.

### Who's it for?

- Activity coordinators
- Activity leaders
- Inclusion lead staff
- HAF (holiday, activity, and food) providers
- Membership officers

### Course Aims

- Creates a space for honest, reflective overview of inclusion in practice, hearing from the voices of lived experience.
- Open discussion as to what's working, current challenges, barriers to the inclusion of disabled people with solution focused ideas and inspiration to plan for success.
- Present voices of lived experience to ensure co-production and codesign with people of lived experience are a key component of planning for success, from the front door to the playing field.
- Provide you with tools for success, begin to draft an inclusion action plan for the onboarding of disabled people into your provision.
- Equip, empower, inspire you, fuelled with a 'can do' approach to test and try new approaches to the inclusion of disabled people to access your provision.

### Learning Outcomes

- Hear, listen, reflect and understand a range of approaches that engage disabled people / parents and carers to create the conditions for 'conversations of success'
- Identify barriers and potential solutions for increasing success in a conversation with a disabled person / parent or carer that leads to their participation within your offer, activity session, provision.
- Equipped with tools and ideas to develop your own inclusive pathway for success for a disabled person to access your activity, offer, provision.
- Increased understanding, knowledge, confidence and empathy to develop your organisation, club or group's inclusion policy and share knowledge with your colleagues and publish a process for holding conversations, cultivating information and making a decision on the inclusion of a disabled person, effectively and successfully, forming positive associations.

- **Cost of course – £300**

- **Groups size minimum 6 maximum 12**

- **3 hours face to face interactive training course.**

- **Handouts and business tools and links to best practice models**

- **Post cost evaluation and follow up to what change has occurred in your organisation following attending this course.**